

Health Subscription

Our comprehensive health service: 20 000 SEK/year

The most important thing you have is your health and you should take good care of it.

With our Health Subscription, you will perform a very comprehensive and in-depth medical examination each year that gives you a clear picture of your general state of health. The aim is not only to keep you healthy, but also to advise you on how to further increase your wellbeing. With the Health Subscription, diseases can be prevented, and potential problems detected long before you have any symptoms.

- Comprehensive and in-depth medical health examination once a year
- Review of your test results with a dedicated personal doctor who makes a health plan for the year
- Free visits to a general practitioner in the clinic within 48 hours
- Access to one of Sweden's widest ranges of specialist practitioners within 12 areas
- Includes one medical visit per year to a specialist doctor of your choice at Sturebadet Läkarmottagning or three visits to a health strategist

The examination can be customised according to your preferences. We offer around 40 different blood tests, ECG and blood pressure measurements, lung and fitness tests, vision and hearing checks, and BMI and waist measurements. A general practitioner will go through and explain your test results and findings, which will form the basis of a personalised health plan drawn up by a general practitioner in consultation with you.

With our Health Subscription, you have a dedicated personalised care team that knows you and your needs. To the greatest extent in accordance with your needs, you will meet the same person at your appointments. All your visits to the general practitioner are free of charge and you avoid unnecessary waiting times. If you need to see a doctor, you can usually get an appointment within 48 hours on weekdays. You also get a direct VIP number to us to get quick answers to questions and consultations if you are away from home, for instance.

The Health Subscription also gives you access to all our own specialists, covering 12 areas. We can quickly offer appointments with renowned specialists, on our own premises, in following branches: *cardiology, orthopedic surgery, gynecology, endocrinology, otorhinolaryngology (ENT), rheumatology, gastroenterology, internal medicine, immunology/allergy specialist and renal medicine.* The Health Subscription includes one appointment per year to our specialists at no extra cost after contacting your personal healthcare team.

Optional examinations

Optional examinations are more comprehensive checks that give you extra deep insights into your health.

MRI 30,000 / An MRI can take pictures of almost any part of your body. The examination is done to rule out the presence of serious diseases at an early stage.

Ultrasound and exercise test 15 000 SEK / Using ultrasound, specialists examine the vessels of the neck and the heart to detect, among other things, constrictions and plaques that can cause a stroke, the appearance of the valves and the thickness of the wall.





Sturebadet Läkarmottagning KB (SLM), reg. no. 969789-9616, is a specialist private care clinic with high availability and personal service.

Membership	Sturebadet SP.	A	
Yes	No		
	ing agreement ta of the custon		signed today between SLM and the client listed below
Name			
Swedish Pe	ersonal Number,	Birth Date	
Address			
Postcode			City
Phone			E-mail
Invoice data	ı		
Name / Co	mpany name		
Organisatio	on number/perso	onal number	
Billing addr	ress		
Postcode			City
Phone			E-mail
Through our For more inf Confirmation I have read a of my person This docume	partner Medica ormation see at n and signature and accept the a nal data as desc	I Finance, we tached mate ttached Gen ribed in the O ner in print or	Läkarmottagning - 20 000 SEK/year. e offer the possibility to pay in monthly instalments. erial. erial eral Conditions of the company. In addition, I authorise the processing General Terms and Conditions on the processing of personal data. r digitally via Scrive.



Place and date

Signature



GENERAL CONDITIONS

1. THE SERVICE

- 1.1 After the client has accepted these General Conditions, SLM carries out a medical examination as described below with necessary follow-up.
- 1.2 Cancellation must be made in writing at least one month before the end of the contract. Otherwise, this agreement will be extended for one year at a time on a rolling basis.
- 1.3 The annual fee is paid annually in advance unless otherwise agreed.
- 1.4 Costs incurred for examinations, treatments, operations, etc. that are not included in the subscription are reimbursed on an ongoing basis via invoicing from SLM according to a separate price list. SLM and its doctors are not affiliated with the region's healthcare system. All costs regarding medical services such as sample analyses, X-rays, etc. must therefore be agreed in advance if they are to be charged to the client, insurance company or, where applicable, affiliated company.
- 1.5 The contract is effective from the date of signature of the signing party and receipt of the first payment.
- 1.6 The purpose of the health examination and monitoring of the client's health profile is to prevent and early detection of diseases and to promote the client's quality of life and wellbeing.
- 1.7 The samples taken are sent for analysis to SLM's accredited partners, or in SLM's own laboratory.
- 1.8 SLM compiles the results of the health examination, after which SLM creates a health profile for the client. SLM also develops individual recommendations for the client regarding lifestyle, diet, exercise, and other health-related aspects adapted to the health profile. The results of the health survey together with SLM's recommendations are presented to the client at a meeting.
- 1.9 The subscription includes free visits to the client's general practitioner in accordance with the needs assessment carried out by the nurse in charge. If there is a need for additional tests and external examinations in addition to the doctor's visit, see point 5.1.
- 1.10 SLM follows the rules of the Health Care Act and other applicable legislation.

2. REBOOKING AND NON-ATTENDANCE

- 21 Late rebooking fee for a health examination will not be charged the first time. Each additional rescheduling or cancellation will be charged at the cost of the chosen examination/treatment.
- 22 For cancellations made closer in time than 24 hours before the booked examination time or non-attendance, the client is charged. This corresponds to what SLM in turn is charged for late cancellation or non-attendance.

3. PERSONAL DATA MANAGEMENT

- 3.1 The client undertakes to provide complete and accurate information to SLM regarding the questions asked in the context of the health examination. The client is aware that the provision of inaccurate or incomplete information may lead to inaccurate results of the health examination.
- 3.2 SLM is the data controller for the personal data that the client provides to SLM and processes the data to fulfil its obligations under these General Terms and Conditions. SLM may also, with the client's consent, obtain information about the client from central registers. SLM's processing of the client's personal data takes place in accordance with the provisions of the Personal Data Act and the Patient Data Act, which means that the client's data is subject to confidentiality in the healthcare sector. The client's data will not be disclosed to any third party without the client's consent. If the client wants to know what personal data SLM processes about the client, if the client believes that any information is incorrect or if the client has other questions regarding SLM's processing of the client's personal data, please contact SLM via info@sturebadetlakarmottagning.se.

4. DETECTION OF DISEASE

4.1 If SLM discovers in the course of carrying out a health examination that the client is suffering from an illness that should be investigated further and treated, this is primarily handled by the client's doctor at SLM. If there is a need for additional sampling and external examinations such as X-rays and clinical physiology or contact with another specialist within SLM, the client and, where applicable, the insurance company or affiliated company will be charged. If necessary, the client can also be referred to the public healthcare system.

5. OTHER

- 5.1 The SLM primarily carries out an annual health examination and, in connection with this, provides preventive counselling. For existing diseases, the client's general practitioner at SLM is available for consultations. If there is a need for supplementary sampling and external examinations such as X-rays and clinical physiology or contact with another specialist within SLM, this is primarily charged to the client. Additional costs shall be charged to the client or, where applicable, the client's insurance company or affiliated company. If necessary, the client can also be referred to the region's healthcare system.
- 52 SLM cannot guarantee the detection and diagnosis of all diseases and therefore cannot take responsibility for ensuring that the client does not have any other diseases than those detected during the client's contacts with SLM. The client is aware that the performance and evaluation of health examinations and all other medical assessments at SLM are based on science and proven experience, which may change over time.
- 53 As always, there is a risk of 'false positives' in health screening. This means that risks may be detected that on closer examination turn out to be harmless.
- 5.4 The SLM cannot guarantee that the client will not suffer from a serious illness as a result of undergoing a medical examination under these general conditions.

